

ROBERT SCHWARTZ

AUTHOR – TEACHER - HYPNOTHERAPIST BIO

Robert Schwartz is a spiritual teacher and regression therapist, specializing in both Past Life Soul Regressions and Between Lives Soul Regressions. He is the author of the bestselling books *Your Soul's Plan: Discovering the Real Meaning of the Life You Planned Before You Were Born* and *Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born*. His books have been translated into 22 languages.

In his books Robert researched people's pre-birth plans by working with gifted mediums and channels. His books present the actual conversations people had with their future spouses, lovers, parents, children, and friends when they planned their lives together. The books explain why people planned such life challenges as physical and mental illness, poverty, "accidents," the death of a loved one, having a disabled child, alcoholism, drug addiction, abusive relationships, deafness, blindness, miscarriage, abortion, caregiving, homosexuality, suicide, adoption, and other life experiences.

Robert teaches internationally at such venues as the College of Psychic Studies (England); Findhorn (Scotland); the International Institute of Integral Human Sciences (Canada); the International Conference on After Death Communications, Kripalu, and the United Nations (all in the US); and at other venues in Germany, Switzerland, Spain and Taiwan.

In addition to his workshops, Robert offers personal Spiritual Guidance Sessions, Past Life Soul Regressions, and Between Lives Soul Regressions to help people heal and understand their life plans. For more information: www.yoursoulsplan.com or email rob.schwartz@yoursoulsplan.com.

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LONGER BIO

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For a long time before writing his first book, Robert had been searching, fruitlessly, for the deeper meaning of life. In 2003, his search took a turn when he consulted a medium and had his first experience with the metaphysical world. His life changed on that day, as he was able, with the medium's assistance, to speak with his spirit guides and nonphysical beings with whom he was told he had planned his life prior to incarnation. They knew everything about him—not only what he had done but also what he had thought and felt, throughout his life. They explained that we plan our challenges before birth—not for the purpose of suffering, but for the growth that would result. His session with the medium triggered a profound spiritual awakening that led him to understand what he himself had planned to do on Earth.

Robert launched upon a period of intense study about spirituality and inner exploration, becoming aware of the phenomenon of channeling one's soul. Having endured much pain in his own life, he became sensitive and motivated to relieve the suffering in other people's lives. He realized the information he was discovering about pre-birth planning had the potential for great healing and renewed meaning in life.

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