KAREN NEWELL Co-Founder, Sacred Acoustics

LONGER BIO

Karen Newell is co-founder of Sacred AcousticsTM, a company that creates brain entrainment audio meditations combining digital frequencies, sacred instruments, sounds of nature and human vocals in order to access deep states of consciousness.

Karen has explored many forms of acoustic enhancement used for attaining altered states of awareness. In 2010, she met the co-founder of Sacred Acoustics, a mechanical and electrical engineer. Through mutual inspiration and desire for deeper exploration, they began to create unique combinations of digital tones and sound effects for their personal use. Using measurements from a portable EEG device, and through trial and error, they discovered frequency sets and resonance patterns that greatly enhanced their meditation experiences. Eventually, they began to realize others could benefit from these recordings.

As a life-long seeker of discovering the truth of humanity's past, Karen has amassed a vast library of information on alternative sources of history and our existence. Underlying the drive to create audio meditations is this passion for recovering ancient knowledge by energetically connecting with sacred sites and structures. Data found at such locations acts as inspiration for the recordings, including acoustic qualities, sacred geometry, astronomical alignments, petroglyphs and other information.

As humans, when we interact with these energies, a natural alignment to our true nature occurs. We begin to remember who we are. Sacred Acoustics is committed to continued innovations in developing sound technology and other forms of consciousness enhancement to its furthest potential. In addition to their Foundation Series, Sacred Acoustics' meditations include: Spiral of Time, Know Yourself, Crystal Portal, Healing Center, Divine Love, Golden Light and Sacred Siesta. For more information: <u>www.sacredacoustics.com</u>

SHORTER BIOS

Karen Newell is co-founder of Sacred AcousticsTM, a company that creates brain entrainment audio meditations combining digital frequencies, sacred instruments, sounds of nature and human vocals in order to access deep states of consciousness. Elements of ancient knowledge are incorporated by connecting energetically with sacred sites and structures that feature acoustic qualities, sacred geometry, astronomical alignments, petroglyphs and other information. As humans, when we interact with these energies, a natural alignment to our true nature occurs. <u>www.sacredacoustics.com</u>

Karen Newell is co-founder of Sacred AcousticsTM, a company that creates brain entrainment audio meditations which help one access deep states of consciousness and align with one's true nature. These unique meditational journeys combine digital frequencies, sacred instruments, sounds of nature and human vocals inspired by the acoustics, sacred geometry, astronomical alignment and related qualities of sacred sites and structures.

www.sacredacoustics.com